

LANCEFIELD NEIGHBOURHOOD HOUSE

January to March 2024

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FEED IT FORWARD

Community Lunch Dates

Now fourth Wednesday of the month

Wed 28 February at Romsey Neighbourhood House

Wed 27 March at Lancefield Mechanics Institute

LANCEFIELD FARMERS MARKET

Saturday 24 February

Saturday 23 March

COMMUNITY EVENTS

Saturday 2 March - Relay for Life

Saturday 24 & 25 March - Lancefield Truck Show

Saturday 20 April - Whole Town Garage Sale

FIRST AID COURSE

First Aid Certificate through Intelligent Training Solutions

Saturday 2 March \$137 CPR update only \$95

THE TOWNHOUSE & FOOD SHARE

28 High Street

Mon - Fri 10-4pm Sat 10-1pm

MENS SHED

Mon - Thurs 10-3pm

Social 'Tools Down' Lunch on
Wednesday. 0447 245 694

THE OP SHOP

34 High Street

Mon - Fri 10-4:30pm
Sat 10-1pm

For more information on
any of these activities:
call or email the House or
visit the website

COMMUNITY DRIVEN

Transport to medical
appointments and

SHARE RIDE

Monthly social trips in
the community car

Heide Art Gallery- 9 Feb

Dalysford - 22 Feb

Werribee Park Mansion
& Gardens - 8 March

OP Shop Crawl - 21 March

The Lume show - 10 April

Werribee Zoo - 6 April

For more information call
the House or visit
communitydriven.org.au

REGULAR CLASSES

Postural Alignment

Monday, Tuesday & Thursday 11:30

\$15 per class

Individual or online appointments available

Slow Flow Restorative Yoga

Saturdays 11am \$15 per class

Gentle and suitable for everyone

Awareness of Self

Mind, Body and Soul connection

Saturdays 10am - 11am \$10 per session

Discover the real you with meditation,
energy healing and much more

Boomerang Bags

Wednesdays 10 - 12pm

Join the community in keeping Lancefield
plastic bag free! Produce reusable bags and
have fun

Boat Licence

\$130 per person

Complete your boat licence course - For more
info/upcoming dates visit House website

Art Classes

Tuesdays 12 - 3pm \$10 Per class

Learn drawing & painting techniques used for
many different projects

Social Bike Riding

Fridays 9:30am Lancefield Park

Come for an easy bike ride followed by a cuppa
and chat - For more info contact House

